

WEST NORTHUMBERLAND FAMILY HUBS

Some of our Services

In our Family Hubs and from our Early Help Family Worker Team



Bellingham Family Hub

We run sessions from
Bellingham Fire Station
Yarridge Road,
Bellingham,
Northumberland,
NE48 2JS
tel- 07769 958046



Find us on Facebook
[@BellinghamFamilyHub](https://www.facebook.com/BellinghamFamilyHub)

Request a specific service
using our form here-
nland.cc/fhreq



For more information or any other queries, please contact our team-

Contact Kerry: 07870 365977
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Brilliant Babies (0-6 months)

Explore hints & tips which can be used in your own home. Create stimulating play experiences, understand the importance of communication and the development of your baby.



Healthier Relationships

- Me, You & Baby Too
- Arguing Better
- Getting it right for Children



Early Explorers (6-18 months)

Connect with others and discuss key aspects of your child's development which will support you in helping your child make the most of the world around them.



HENRY- healthy families

(Henry antenatal - conception+ Henry 0-5 Henry Growing Up 5+)

Provides tips and support for parents and carers. Explore how to provide a healthy, happy and supportive environment for the whole family.



Learning Together Through Play

(additional needs & disabilities)

A group for families with a child under 5 with an additional need or waiting for assessment.



Incredible Years

Support your child's learning, development and behaviour. Explore new skills, have opportunities to meet other parents and discuss positive parenting.



Tiny Talkers (1-2+ years)

Help boost your little ones speech and language, social skills, routine and much more...



5+ Groupwork (5+ years)

Support for parents and carers in managing their young persons' behaviour within the home. Sessions tailored to suit, but may include mental health, substance misuse, identity and supporting independence.

Find us on Facebook, Twitter and Instagram @WestFamilyHubs